

8. 'Father forgive them, they don't know what they are doing!'

These are the words Jesus cried out as they were banging the nails into his palms. Sometimes it is very hard to forgive especially when we are still hurting. But when we are wounded by someone, Jesus is hurt too.

*Hold a nail in one of your hands, and ask God to give you the strength to be able to forgive the way he did.*

