

11. The body in the tomb



Later on the Friday, once Jesus was dead, Joseph and Nicodemus took Jesus' body; the two of them wrapped it with spices, in strips of linen.

Sit and contemplate the body for a while. It is hard for us to contemplate how the disciples must have been feeling, because we know the happy ending on the next page of the book. The bowl of water contains myrrh. You might like to sprinkle some water over the body now. Pray for all those who have lost someone close to them recently.