



There are many things that might 'hinder' an adult or a child connecting and engaging with God.

I wonder if you can think of situations that might distract you from being with God.

Pray:

- ... Pray about the situations that might distract you from being with God
- ... Write one thing on the HEART that you know stops you from, spending time with God and then add this to the cross as a reminder and a commitment that you will change.